

VERNON YOUTH FOOTBALL & CHEERLEADING



2009 REGISTRATION

Saturday, March 28 , 2009 10:00-1:00pm, Vernon PAL

Thursday, April 2, 2009 6:30-9:00pm, Vernon PAL

Saturday, April 4, 2009 10:00-1:00pm, Vernon PAL

FLAG FOOTBALL	Grades K - 2 (ages 5 - 7)	\$75.00
PONY FOOTBALL	Grades 3 & 4 (ages 8 & 9)	\$130.00
SUPER FOOTBALL	Grades 5 & 6 (ages 10 & 11)	\$130.00
PEEWEE FOOTBALL	Grades 7 (ages 12 & 13)	\$130.00
MIDGET FOOTBALL	Grades 8 (ages 13 & 14)	\$130.00
FLAG CHEER	Grades K - 2	\$75.00
RECREATION CHEER	Grades 3 - 8	\$85.00
COMPETITION CHEER/PRECOMP	Grades 2 - 8	\$130.00

Family Discount: \$130 for one child, \$210 for 2 children, \$50 additional for every additional child with families of 3 or more.

An equipment/uniform deposit of \$150.00 will be required along with your registration fee. This deposit is for EACH CHILD and must be postdated 12/1/09. Your check will not be deposited unless the parent/guardian fails to return equipment/uniform.

TACKLE FOOTBALL

Children playing Tackle Football **MUST** come to registration for their initial weigh-in. Children are grouped according to AGE, GRADE and WEIGHT. Rules and regulations of the North Jersey Football League apply.

THE CHANCES ARE VERY GOOD THAT THERE WILL BE SUBSTANTIAL CHANGES IN THE STRUCTURE OF THE WEIGHT LIMITS FOR 2009. On March 9th you can go to www.vernonfootball.com or www.njyfl.net to find out whether the new weight increases proposed for 2009 passed and how they are structured for the season.

RECREATION CHEERLEADING

Girls entering grades K-8 in September 2009 are eligible for Recreation Cheer. There is no try-out and all girls will be placed on a roster. Recreation cheerleaders will cheer strictly for football games.

COMPETITION CHEERLEADING

Girls entering grades 2-8 in September 2009 are eligible for Competition Cheer. All cheerleaders will be placed on a recreation team roster also. All girls who plan to try-out for competition teams must register at the above dates. There will be a **MANDATORY MEETING** for parents of all candidates for competition teams the week of May 4th and practices for try-outs will start the week of May 11th. Details and schedules will be handed out at registration and posted on our website.

Our Competition Clinic is tentatively scheduled; please keep Mon., July 27th, Tues., July 28th and Wed., July 29th available from 9am – 3pm. All Competition Cheerleaders are REQUIRED to be there.

We also offer a **FREE COMPETITION CLINIC** to learn how to try-out. This is for all girls who have not been on a competition team before or need a review before trying out. The girls will be grouped by age/level. Details will be available at registration.

PRE-COMPETITION CHEERLEADING

PRE-COMP is an exhibition squad and is open to girls entering 1st or 2nd grade in September. There is no try-out at this level. Girls that are entering 2nd grade in September, have the option of trying out for the Pony level. If they chose not to, they are able to do pre-comp instead. All girls must register at the above dates. For more information, please call Kristy Riegler at 973-209-1967.

Check out our website at www.vernonfootball.com